

# Cumberland Valley Christian School

## Health and Safety Plan 2020-2021

CVCS is ready to welcome students and staff back to our campus beginning August 20<sup>th</sup>, 2020 for the first day of school. The Administration has been working on continual guidance and directives to create a safe educational environment for our students. There are unique challenges that we are faced with to continue providing a safe and secure Christian environment for the families, students, and staff of CVCS. Because of the evolving nature of this challenge, please understand that this is a work in progress and as new information becomes available, there may be changes. The administration reserves the right to modify these guidelines for the safety and best interest of the CVCS staff and families. All parents and staff will be required to agree to and abide by these procedures before school begins.

Throughout the 2020-2021 school year, Cumberland Valley Christian School will remain healthy, connected, and engaged in receiving high-quality, academic, spiritual, social, and physical instruction. We are committed to Christ and committed to excellence.

### **Core Objectives:**

- Keeping students and staff safe and healthy
- Maintaining continuity of instruction
- Communicating with faculty, staff, and parents

### **Guiding Principles**

- Illness Prevention: The use of appropriate techniques and PPE to prevent the spread of COVID-19 on campus as needed.
- Health Maintenance: The use of enhanced hygiene and sanitation procedures to maintain a healthy staff and student body as needed.
- Outbreak Management: The preparation of plans to manage illness on campus or in the community while maintaining continuity of instruction.

### **Guiding Practices**

- Promote healthy hygiene practices
- Intensify cleaning, disinfection, and ventilation
- Promote social distance
- Limit sharing
- Check for signs and symptoms
- Train all staff

### **Enhanced Stay-Home/Send Home Standards**

CVCS will enhance the normal stay-home/send-home standard to include:

- All students with a fever greater than 100.3 must stay home or be sent home.
- All students with serious cough, runny nose, or congestion must stay home or be sent home.
- All students with breathing that sounds or looks different from normal breathing patterns must stay home or be sent home

This will help not only with COVID-19 mitigation but also other sicknesses that are transmitted in the school setting. If a student or staff member is sick with any sickness or virus, please keep them home until they are symptom free for 48 hours without any medication assistance. Any student or staff member coming to campus that exhibits one or more of the following symptoms will be sent home. Students will be in an isolation room in the nurse's office until parents arrive. If they are displaying the following symptoms, please contact your doctor and follow the doctor's protocol:

**SYMPTOMS:**

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Loss of taste or smell
- Nausea or vomiting
- Diarrhea

**Intensified Sanitation**

CVCS will continue maintaining high quality standards of cleaning our facilities. There have been adjustments in order to prevent illness from spreading on our campus. All student/staff areas will be sanitized/cleaned on an ongoing basis throughout each school day by CVCS staff. Our priority will be:

- Door handles
- Student desks and chairs
- Podiums
- Light switches
- Cabinet handles
- Locker handles
- Classroom coat hooks and shelving
- Keyboards and other technology hardware and devices
- All other surfaces that are handled by staff and students throughout the day

In the evenings after each day of school, sanitation staff will disinfect and clean the restrooms as well as the touchpoints listed above.

The Pennsylvania Governor and Department of Health have established and utilized phases during the COVID pandemic. CVCS will have restrictions in place for each phase.

## Student Life

### Academics

**Green Phase:** Students' desks will be spaced 3 to 6 feet apart when feasible in the classroom for daily instruction in accordance with the American Academy of Pediatrics guidance.

**Yellow Phase:** Students' desks will be spaced 3 to 6 feet apart when feasible in the classroom for daily instruction in accordance with the American Academy of Pediatrics guidance. Where feasible high school students will stay in their classrooms and the teachers will rotate.

**Red Phase:** E-learning: Teachers will be maintaining office hours each day to help assist each child complete his/her academics. See below:

**K3-K5** Classes will be moved under our Kids Club Daycare and will be able to continue with our state exemption to remain open. If parents elect to keep their child home and do virtual lessons, they would submit work to their teacher via Renweb.

**1<sup>st</sup>-12<sup>th</sup> Grade:** Teachers will upload recorded lessons for each day into Renweb. Students will have the option to complete the work in one of the following ways:

1. Students in the 5<sup>th</sup>-12<sup>th</sup> grades can transfer into a CVCS customized course via our Blazer Online Academy to continue their academics in the core courses.
2. Students can watch the teaching videos at home and then meet with different staff members in learning pods grouped by families at designated times to complete worksheets, take tests, or answer questions.
3. Students can watch the videos and complete the course work at home and submit to the teachers online via Renweb.

**CVCS will not be doing perfect attendance awards for the 2020-2021 school year.**

### Elementary Specials

**Green Phase:** Music, Art, Library, STEAM, Computer will be held in their respective classrooms. Gym will be outside as much as possible.

**Yellow Phase:** Music, Art, Library will be held in the homeroom classroom. Computer will be in the computer lab. Gym will be outside as much as possible.

**Red Phase:** Students will be encouraged to continue working at home with their family incorporating specials into family time.

### Classroom protocol

**Green Phase:** Students will use their own supplies that are listed on the classroom needs list. Any shared items will be wiped down between uses and sanitized. Students will also wash/sanitize their hands prior to and after sharing items.

**Yellow Phase:** Students will use their own supplies that are listed on the classroom needs list. Any shared items will be wiped down between uses and sanitized. Students will also wash/sanitize their hands prior to and after sharing items.

**Red Phase:** Does not apply.

## Athletics

**Green Phase:** Sports games, workouts, and practices are able to be scheduled. Sanitizing, disinfecting, temperature checks will be conducted prior to each game and practice. All shared equipment will be sanitized prior to next-day uses. The number of fans may be limited due to Department of Health guidelines

**Yellow Phase:** Sports games, workouts, and practices will be scheduled in accordance with state guidelines. Sanitizing, disinfecting, temperature checks will be conducted prior to each game and practice. All shared equipment will be sanitized prior to next-day uses. The number of fans may be limited due to Department of Health guidelines

**Red Phase:** No athletic competition or workouts.

## Transportation

**Green Phase:** Students will sit on the bus grouped by their family.

**Yellow Phase:** Students will sit on the bus grouped by their family.

**Red Phase:** Does not apply.

Each bus will be sanitized and disinfected after each run. Parents are to take their child's temperature prior to boarding the bus each morning.

## Off Campus Educational Trips

**Green Phase:** Field trips will be approved individually by Administration.

**Yellow Phase:** Any field trips will be done virtually.

**Red Phase:** Does not apply.

## Lunch

**Green Phase:** All students will preorder lunch in the mornings via their classroom (K3-6<sup>th</sup>) or via Renweb (7<sup>th</sup>-12<sup>th</sup>). Food will be packed up per student and served at lunch time in their classrooms. All students will be eating in their classrooms for lunch. The High School lunch room will be used to help with social distancing.

**Yellow Phase:** All students will preorder lunch in the mornings via their classroom (K3-6<sup>th</sup>) or via Renweb (7<sup>th</sup>-12<sup>th</sup>). Food will be packed up per student and served at lunch time in their classrooms. All students will be eating in their classrooms for lunch. The High School lunch room will be used to help with social distancing.

**Red Phase:** Does not apply.

## Daily Health and Safety

Students and staff must provide their own water bottle to refill at the bottle fillers on campus. There will be no mouth-contact water fountains.

Hand sanitizer stations will be set up throughout the school for students to use throughout the day. High school students will wipe their desks down upon entry to the classroom with sanitation wipes that will be provided.

The school is also purchasing sneeze shields for teachers' desks and to be used in the computer lab or other classrooms as necessary.

### **Restrooms**

Restrooms will have a limit of students per restroom and will get disinfected throughout the day during the touchpoint disinfecting.

### **Handwashing**

Elementary students will wash their hands upon entrance to their classroom each morning and prior to leaving on buses in the afternoon. They will also be washing their hands periodically throughout the day, specifically before eating and after recess.

High School students will be reminded to wash their hands at arrival at school as well as prior to and after lunch and before loading the bus.

### **Masks**

Masks are to follow state protocol and guidance for usage when social distancing cannot be practiced. We understand that there are exemptions under section 3 of the guidance. Students **will not** be asked to show documentation that an exemption applies in accordance with section 3 of the order.

### **Temperature Checks**

Students, faculty, and staff temperatures will be checked upon arrival on campus and midday. If a student exhibits a temperature of 100.3 or higher, the student will need to be picked up immediately. All students must be fever/symptom free for 48 hours, without medication help, prior to returning to school.

### **Visitors**

All visitors entering the buildings with the intention of staying will need to have their background clearances on file, will have their temperature checked upon arrival at the school office and be required to wear a face covering in accordance with state regulations.

Any parents, or designated persons, who are coming to pick up or drop off their students during the school day are asked to wait in their car and call the school office phone number. Their child will be released to them from the school office.

### **Arrival**

Students are able to enter the building beginning at 8am. Prior to 8am the only students able to enter the building are before-care and after-care students. Elementary students will head directly to their classrooms after their temperature is taken. High School students will head directly to the gymnasium after their temperatures have been taken. **Social distancing will be required of students while**

they are in the gym. High School students will be dismissed out of the gym to go to their first-period class.

## **Dismissal**

High school: Car students can be picked up beginning at 2:35 at the High School main entrance.

Elementary: Students will be dismissed in the car line after buses leave campus.

## **COVID Testing Plan**

If a student or staff member is exposed to someone who may have the virus, they must stay home until the affected individual's test results come back. If it is negative, the student or staff member may return to campus. If it is positive, the student or staff member must quarantine for 2 weeks before returning.

If a student or staff member tests positive, that classroom will be closed for 2 days for cleaning and sanitizing. The affected individual and household members will not be permitted in the building for 14 days. The school needs to be informed of this immediately so additional mitigation plans can begin. The names of those who test positive will not be released.

When there is confirmation that a person infected with COVID-19 was on the school campus, the school will contact the local health department immediately and follow the appropriate sanitation guidance prior to reopening.

If a student or staff member travels to a "high risk state" or a Pennsylvania "Hot Spot," we are requiring the student or staff member to follow the Governor's recommendation of quarantining for a period of at least 72 hours up to 14 days. Cumberland Valley Christian School will offer a questionnaire to be completed by both the parent and child, and then it will be reviewed by the school administration before the student or staff member can return to school.

The following CDC guidelines for sickness and isolation can be found at:  
<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html#discontinue-isolation>